

## Free information sessions

Are you interested in learning more about Palliative Care or Advance Care Planning? Palliative Care Victoria offers free information sessions for community groups. A facilitator will travel to wherever is convenient for your group.



Sessions available—duration 60 minutes:

## A) Palliative Care:

- What is palliative care?
- How to access palliative care?
- How much does it cost?



## B) Advance Care Planning:

- How to plan for your future health care?
- Who would you want to speak for you?
- What would you want them to say?

Sessions can be run with an interpreter if required.



To <u>find out more</u> or to <u>book a session</u>,
please contact
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